



PENANG
INTERNATIONAL
Dental College

i-PIDDe

ISSUE 003: APRIL 2026

INSIGHT INTO

Penang International Dental College



Editor's Message

Dear Readers,

It is a pleasure to present this edition of our newsletter. Every publication is a collective effort, and this one would not have been possible without the dedication, creativity, and teamwork of many individuals behind the scenes.

As the new Editor-in-Chief, taking over from the previous editorial team, putting this issue together has been a meaningful experience for me and our editorial team. It reflects not only the hard work of those who contributed but also the spirit of our community — one that continues to grow, support one another, and create lasting memories along the way.

I would like to extend my sincere appreciation to everyone who offered their time, ideas, and support throughout this process. Your contributions have truly made this publication possible.

Thank you for being part of this journey with us.

Warm regards,

Mia Sophia

Editor-in-Chief

Introducing the Editorial Team!

Editor-in-Chief: Mia Sophia binti Mohammad Hafizi

Managing Editor: Raudhatul Jannah Assyifa binti Mohd Farid

Design Editor: Nurul Akwa binti Matrauzey

Associate Editors: Sherleen Nabila binti Sylvester
Pei En

Faculty Advisor: Asst. Prof. Dr. Tina Varghese

SCOP Mentor: Assoc. Prof. Dr. Fawaz Shamim Ahmad Siddiqui

MALAYSIA EDUCATION FAIR 2025 AND PIDC

COLLEGE PREVIEW DAY

2-3 AUGUST 2025 | SETIA SPICE CONVENTION CENTRE & PIDC

The event brought together aspiring students and educators for two engaging days of exploration into educational pathways and careers in healthcare and dentistry.

Attendees gained valuable insights through presentations by Assoc. Prof. Dr. Kalyan, Dr. Kugashini, and Assoc. Prof. Dr. Fawaz Siddiqui, who shared their perspectives on dental education and the future of healthcare, inspiring participants to explore opportunities in the field.



PIDC MERDEKA TIKTOK & REELS VIDEO COMPETITION 2025

"MALAYSIA MADANI: RAKYAT DISANTUNI"

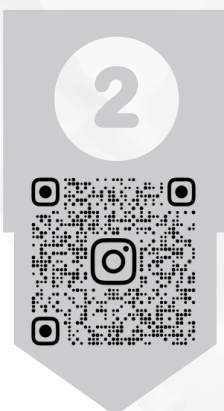
The competition celebrated creativity and patriotism through short-form videos highlighting the spirit of Malaysia MADANI.

SCAN THE QR CODES TO WATCH THE WINNING ENTRIES!

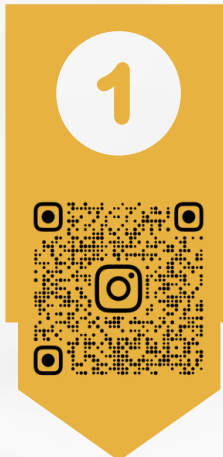
1ST PLACE – @PIDCBATCH06

2ND PLACE

@MERDEKAWITHPIDC

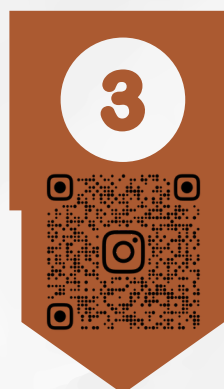


1



3RD PLACE

@SRI.NABIHAH



STUDENT EXPERIENCE OPEN DAY

16-17 AUGUST 2025 | PIDC

The event welcomed prospective students and parents for a weekend of inspiration, learning, and discovery at PIDC. Participants had the opportunity to engage in insightful talks, hands-on experiences, and interactive sessions that highlighted the journey into dental education.

Highlights included a talk on "Innovations in Dentistry: The Digital Revolution" by Dr. Guru Prasad, "Welcome to Your Future: What Makes PIDC Unique" and an SPM Physics Workshop by Mr. Chandra Kanthen, as well as "Mastering Time Management" by Ms. Susheela, offering valuable insights for students preparing for their academic future.



September

2025



THE WHITE COAT CEREMONY: CLASS OF 2028 25 SEPTEMBER 2025 | PIDC

Penang International Dental College (PIDC) proudly held its White Coat Ceremony for the Doctor of Dental Surgery Class of 2028.

The ceremony marked a major milestone as students officially received their white coats—symbolising their commitment to the dental profession, patient care, and professional ethics.

PIDC congratulates all 3rd-year students on this achievement and wishes them continued success as they embark on the next chapter of their journey toward becoming future dental professionals.

ORIENTATION DAY OF BATCH 7 FOUNDATION IN SCIENCE (FIS) SEPTEMBER 2025 | PIDC

A warm welcome to our new students!

Orientation Day for our Batch 7 Foundation in Science (FIS) students at Penang International Dental College officially marked the start of their journey. Students participated in activities designed to introduce them to campus life, academic expectations, and the vibrant PIDC community.



DID YOU KNOW?

The Tooth That Came From the Dead

In the early 1800s, before reliable denture materials existed, people were desperate for replacement teeth.

After battles like the Battle of Waterloo, scavengers collected teeth from fallen soldiers. These were cleaned, reshaped, and fitted into dentures—becoming known as “Waterloo teeth.”

At the time, this was considered practical, as real human teeth looked more natural than early artificial ones. However, with little understanding of infection control, the risks were high.

As dental materials improved, especially porcelain, this practice disappeared.

So next time you see modern dentures, remember—two centuries ago, they might have come from a battlefield.



October

2025



DOMESTIC VIOLENCE AWARENESS TALK BY WCC PENANG

3 OCTOBER 2025 | PIDC

On 3 October 2025, Ms. Ooi Bee See from WCC Penang delivered an impactful talk on Domestic Violence Awareness. She covered the signs and forms of abuse—physical, emotional, and psychological—and guided participants on how to respond and connect victims with support. The session ended with an engaging Q&A, where interactive rewards made learning memorable.

ART & SCIENCE OF IMPLANT

DENTISTRY

16 OCTOBER 2025 | PIDC

Penang International Dental College successfully hosted an enriching session on Implant Dentistry, featuring Prof. Dr. Lee Soon Boon. He shared his extensive expertise and professional experience, providing practical guidance on mastering implant techniques. The interactive session allowed participants to deepen their understanding, connect theory with real-world applications, and enhance their clinical skills.



SPREADING SMILES: PIDC BRINGS DENTAL CARE TO CHILDREN

17 OCTOBER 2025 | CHILDREN'S PROTECTION SOCIETY, PENANG.

On 17th October 2025, Penang International Dental College (PIDC), in collaboration with Kimberley Hotel Georgetown and Auction Rooms Georgetown (ARG), had the pleasure of organizing a Free Dental Health Check-Up and Awareness Session for the children at The Children's Protection Society, Penang. The initiative aimed to promote good oral hygiene habits while providing essential dental care to the young participants.

The session was both meaningful and impactful, as the children received dental screenings alongside guidance on maintaining proper oral health.





HEALTHCARE ASSISTANT PROGRAMME ORIENTATION DAY

23 OCTOBER 2025 | PIDC

Penang International Dental College proudly welcomed a new cohort of students into the Health Care Assistant Programme during an orientation session held at the Lecture Hall, Level 19. The event marked the beginning of an exciting journey for the students as they embark on their path in the healthcare field.



MOCK INTERVIEW & RESUME TALK

29 OCTOBER 2025 | SM SAINS SULTAN
MOHAMAD JIWA

Team PIDC conducted an engaging Mock Interview and Résumé Talk for students of SM Sains Sultan Mohamad Jiwa. The session aimed to equip students with essential interview techniques and résumé-writing skills, while providing practical tips and guidance to boost confidence, enhance professional presentation, and prepare them for future career opportunities.

PIDC AT THE 22ND PENANG DENTAL CONGRESS 2025

24 OCTOBER 2025 | SETIA SPICE CONVENTION
CENTRE, PENANG

PIDC is proud to have Prof. Dr. Thevadass K. Palany as one of the distinguished speakers at the 22nd Penang Dental Congress, held at the Setia SPICE Convention Centre, Penang. He delivered an insightful presentation on "Common Tooth Eruption Disturbances in the Developing Dentition," contributing to a dynamic and enriching event for the dental community.



GOLD AWARD ACHIEVEMENT AT ACADEMIA FIESTA @ USM 2025

29 OCTOBER 2025 | USM

We are proud to announce that Dr. Gururajaprasad K. L. Rao, Head of Orthodontics, Faculty of Dentistry, has been awarded the Gold Award at Academia Fiesta @ USM 2025 for his collaborative innovation, V-LeARn Ortho: Intelligent Augmented Reality for Enhancing Dental Education and Training.

This remarkable achievement highlights his commitment to advancing dental education through the integration of intelligent augmented reality, setting new benchmarks in teaching and learning. It is indeed a proud moment for PIDC as we celebrate innovation, excellence, and continued academic advancement.



November

2025

27TH CONVOCATION CEREMONY: CELEBRATING

22 FUTURE DENTISTS!

15 NOVEMBER 2025 | MAHSA UNIVERSITY



On 15 November 2025, 22 students of the Class of 2025 marked a memorable and proud milestone as they graduated and transitioned from dental students to dental graduates at the 27th Convocation Ceremony, graciously held at the prestigious hall of Mahsa University.

The event, which honors years of commitment, tenacity, and hard work, was filled with joy, gratitude, and a sense of accomplishment. The graduates, surrounded by friends, family, and faculty, embarked on a new phase of their journey, prepared to provide the community with competence, empathy, and clinical excellence.



CO28 FRESHER'S PARTY!

8 NOVEMBER 2025 | PANTAI BERSIH, BAGAN AJAM

The Freshers Party held on 8th November 2025 located at Pantai Bersih was an escape from the busyness of the clinic, giving CO28 a refreshing welcome to PIDC! The day kicked off with a hearty breakfast, followed by exciting games and beachside activities that had everyone laughing and bonding. Adding to the excitement, the event also revealed the official team members for the upcoming PIDC Cup, setting the stage for friendly competition and unforgettable memories.



DEEPAVALI 2025 CELEBRATION

21 NOVEMBER 2025 | PIDC

PIDC was filled with vibrant colours and lights on the 21st November 2025 as PIDC celebrated Deepavali, the festival of lights. All PIDC staff and students gathered together to celebrate the meaningful occasion. The celebration was extra special as it was also joined by the exchange students from Chennai University. The celebration began with the traditional lighting of oil lamps followed by the Lakshmi Puja, which sets a meaningful and auspicious tone.

The event was further enlivened with lively performances by faculty and students themselves, bringing joy and cultural richness to the occasion. The vibrant celebration concluded on a delightful note as everyone enjoyed a spread of delicious Indian food, making the celebration truly memorable.



Scan the QR code to watch highlights of the performances & moments from the celebration!

November

2025

PIDC CUP 2025 HAS STARTED!

11 NOVEMBER 2025 | PIDC



The much-anticipated PIDC Cup 2025 began with a vibrant Opening Ceremony on 11 November 2025, marking the beginning of an unforgettable season under this year's powerful theme, "Rise of the Warriors." Representing their houses; Azure Spartan, Jade Viking, Crimson Samurai, and Obsidian Knight which brought together students, faculty, and staff.

PIDC students stepped beyond the dental field to showcase their talents, strength, and team spirit in a wide range of events including dodgeball, carrom, frisbee, pool, netball, tug of war, chess, futsal, mini games, bowling, quiz, charades, table tennis, badminton, and even creative activities such as henna.

More than just a competition, the PIDC Cup became a celebration of sportsmanship, resilience, and unity, where every match and activity brought everyone closer together, strengthening friendships, showing unwavering support to each other, and creating lasting memories which truly reflected the spirit of bonding within the PIDC family.



STAY TUNED FOR THE PIDC NIGHT, WHERE THE GRAND REVEAL OF THE OVERALL CHAMPION WILL FINALLY TAKE PLACE!

SCoP-PVC ANNUAL GRAND MEETING 2025

25 NOVEMBER 2025 | PIDC

The SCoP-PVC Annual General Meeting held at Lecture Hall 3, brought PIDC-ians together for an inspiring session of reflection, celebration, and new beginnings. The meeting highlighted the club's remarkable activities, milestones, and achievements throughout the tenure, showcasing the dedication and teamwork of the 2024/2025 committee members. The event also marked an exciting moment as the next 2025/2026 tenure of the SCoP-PVC committee was officially announced, welcoming fresh leaders to continue driving the student club forward.



Scan the QR code to get to know the new tenure!



MEDICAL NEGLIGENCE SHARING

SESSION BY LEGAL PRACTITIONERS

5 DECEMBER 2025 | PIDC



On 5 December 2025, PIDC was honored to organized an insightful and engaging medical negligence talk by the respected High Court Advocate Ms. Fazleeza from Chan Ban Eng & Co. This sharing is designed especially for students preparing to step into their professional dental journey.

Through real-life cases and practical discussions, the session highlighted how to protect your dental practice, understand legal responsibilities, and avoid common pitfalls in clinical care by turning real cases into valuable lessons for a safer and more confident future in dentistry.

IMPACTED THIRD MOLAR WORKSHOP

11 DECEMBER 2025 | PIDC

On 11th December of 2025, a hands-on workshop on impacted third molar management, led by Dr Abin Varghese (Head of Oral Maxillofacial Surgery department, PIDC) was held in PIDC. A total of 9 students were privileged to get to experience a one-on-one practical lesson with the Dr.

Through a guided, step-by-step practice, participants were able to gain valuable insights into assessing and managing these challenging cases in a clinical setting. The workshop allowed for close supervision, personalized feedback, and active skill development which helped boost students' confidence and enhancing their surgical understanding, making it a highly effective and rewarding session.



PIDC'S 2025 CHRISTMAS CELEBRATION!

18 DECEMBER 2025 | PIDC

On the 18th of December, PIDC became festive as everyone gathered in their glamorous merry attire to celebrate the awaited Christmas celebration! The festive spirit came alive as everyone participated in many joyful activities like Secret Santa, caroling, special curated performances, different Christmas games, and White Elephant!

The festive celebration was filled with excitement, laughter, and everyone bonding with each other. With a fun and simple gift exchange system, no one was left empty-handed, making the moment even more special. Adding to the magic, Santa himself made a special appearance to spread more joy, festivity, and happiness!



January

2026

HEALTHCARE ASSISTANT PROGRAMME CLASS OF 2026

28 JANUARY 2026 | PIDC

The Healthcare Assistant Programme Class of 2026 completed their journey at PIDC, marking a significant milestone. The programme equipped students with essential knowledge and practical skills for their future in healthcare.



NITROUS OXIDE INHALATION SEDATION (NOIS) IN DENTAL PRACTICES WORKSHOP

28 JANUARY 2026 | PIDC

A pre-conference workshop on Nitrous Oxide Inhalation Sedation (NOIS), led by Prof. Dr. Thevadass K. Palany and Assoc. Prof. Dr. Fawaz Siddiqui, provided participants with hands-on experience in sedation techniques and clinical application.

MOLAR ENDODONTIC THERAPY WITH MICROSCOPIC PRECISION WORKSHOP

31 JANUARY 2026 | PIDC

A one-day hands-on molar endodontic workshop, conducted by Dr. Kalyan, provided students with practical experience in root canal treatment. The session focused on modern techniques and microscope-assisted procedures, helping build confidence in clinical endodontic practice.



CLINICAL EXCHANGE PROGRAMME IN SOUTH KOREA

26-30 JANUARY 2026 | CHONNAM NATIONAL UNIVERSITY, SOUTH KOREA

A clinical exchange programme was organised at the School of Dentistry, Chonnam National University, South Korea, offering dental students the opportunity to gain hands-on experience through clinical sessions and workshops in various disciplines. The programme also provided exposure to Korean culture and student life in Gwangju, creating a well-rounded learning experience beyond the clinical setting.



February 2026



VISIT TO GRACE HARMONY HOME
 6 FEBRUARY 2026 | GRACE HARMONY HOME

In celebration of Chinese New Year, Foundation in Science students visited Grace Harmony Home, bringing festive cheer to the residents. The visit featured the preparation and serving of meals, along with musical performances that added a lively and uplifting atmosphere. Students also spent time interacting with the elderly, engaging in conversations and learning about their past experiences. The distribution of goody bags and angpao further enhanced the spirit of giving, making the visit both meaningful and memorable for everyone involved.

GRATITUDE LUNCHEON AT GRACE HARMONY HOME
 15 FEBRUARY 2026 | GRACE HARMONY HOME

Grace Harmony Home hosted a gratitude luncheon in appreciation of the students' visit, bringing together guests in a warm and celebratory setting. The event was further highlighted by the presence of the Chief Minister of Penang. The luncheon served as a reflection of the positive impact of the initiative, emphasising the value of community engagement and shared experiences.



Dental Detective: Can You Find Them All?



- Dentin
- Pulpectomy
- Supraeruption
- Sealant
- Composite
- NightGuard
- Gingivectomy
- Crossbite

March

2026

PROMOTING HEALTHIER SMILES TOGETHER

4 MARCH 2026 | PIDC

Students and staff from Peninsula College visited PIDC as part of the GenZ Oral Health Wellness Initiative, where they received free dental check-ups, learned essential oral hygiene practices, and explored the campus. The visit fostered awareness, education, and a shared commitment to better oral health.



CONE BEAM COMPUTED TOMOGRAPHY HANDS-ON

WORKSHOP

6 MARCH 2026 | PIDC

A hands-on CBCT workshop, coordinated by Dr. Lahari Telang, introduced students to 3D imaging interpretation and its clinical applications. Participants gained practical experience using CBCT software and analysing real clinical cases.



THE ART OF MANUSCRIPT WRITING AND CLINICAL PITFALLS IN THE DIAGNOSIS OF ORAL POTENTIALLY MALIGNANT DISORDERS

11 MARCH 2026 | PIDC

The session featured Prof. Ruwan D. Jayasinghe, who shared insights on manuscript writing and the clinical challenges in diagnosing oral potentially malignant disorders, offering valuable takeaways for both research and clinical practice.

BUBUR LAMBUK DISTRIBUTION

11 MARCH 2026 | PIDC & BUTTERWORTH AREA

Students organized a bubur lambuk distribution in celebration of Ramadan, sharing the traditional dish with the public around areas such as Penang Sentral, as well as with staff and fellow students within the college, fostering a spirit of generosity and community.



PORCELAIN VENEERS HANDS-ON WORKSHOP

27 MARCH 2026 | PIDC

The workshop, conducted by Dr. Aniza Ahmad and Dr. Manori Jayasinghe, provided participants with practical experience in porcelain veneers, covering tooth preparation, impression techniques, and temporization through a combination of lectures, demonstrations, and hands-on sessions.

The Collective

Student's Artwork Corner



ILLUSTRATION BY
Mark Greetingan
M.Shapi
CO27



Food debris, plaque & calculus

food debris
soft, sticky layer that forms consistently after eating

plaque

Brush your teeth
Brush all surfaces for 2 minutes, twice a day – morning and night!

Floss
to remove plaque that your toothbrush cannot reach!

IF YOU DONT TAKE CARE OF THEM

Scaling
Have it done every 6 months!

receding gum

teeth mobility

calculus: gum inflammation
IF YOU IGNORE, IT CAN CAUSE:

gum enlargement

TREATING THEM LATE IS MORE EXPENSIVE!

CREATED BY
Kong Jun Kai
Larysa A/P Mariadass
Lu Zi Jiun
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FLUORIDE

YOUR SHIELD AGAINST TOOTH DECAY

What is Fluoride
Fluoride is a natural mineral that helps protect teeth. It makes the enamel stronger and prevents cavities.

Source of Fluoride

- Toothpaste
- Fluoride Varnish
- Fluoridated Water
- Fluoride rinses/gels
- Fluoride milk

IMPORTANCE OF FLUORIDE

- Strengthens Teeth
- Prevents Tooth Decay
- Inhibits Bacterial Growth

MYTH X VS FACT

MYTH X

- Baby Teeth! Don't Need Fluoride.
- Fluoride is Dangerous
- Fluoride is Only Needed if Kids Get Lots of Cavities

FACT

- Fluoride Keeps Baby Teeth Strong Too!
- It's Safe When Used The Right Way.
- Fluoride is Most Effective When Used As A Prevention

FAQ

IS FLUORIDE TOO WATER SAFE FOR ME AND MY CHILDREN TO DRINK?

Fluoride is safe for people. It's been used for decades to help prevent tooth decay. It's safe for you and your family.

ARE THERE HEALTH RISKS ASSOCIATED WITH THESE FORMS OF FLUORIDE?

NO. THERE IS NO CREDIBLE SCIENTIFIC EVIDENCE THAT FLUORIDATED WATER OR OTHER FLUORIDE CAUSE ALLERGIC OR DISEASE.

DID YOU KNOW

Dental Caries in Malaysian Children

- 75.5% of 5-year-old children in Malaysia have experienced dental caries.
- (National Oral Health Strategic Plan 2022-2030)
- 44.1% of children aged 1-9 years have untreated cavities in baby teeth (WHO Malaysia Country Profile, 2022)

CREATED BY
Veena Shah A/P Thayanantha
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Muhammad Naem Wafiy bin Mohd Shaharmi
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Through the Lens

Student's Photography Corner



Submitted by
RANJIT VIMALA MURUGAIAH
CO28



Submitted by
PREM MURUGAIAH
CO29



Submitted by
ANDREA FIONEE HAMSON
CO27



Submitted by
GOH DENG YI
CO27

Through the Lens

Student's Photography Corner



Submitted by
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MOHAMMAD HAFIZI
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Submitted by
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